

# NEWSLETTER

## ENPP 2013 Q2

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## Current activities

### Call for recent positive psychology articles

We (Fred Luthans, Carolyn Youssef-Morgan, and Bruce Avolio) are in the process of writing our second edition of “Psychological Capital,” which will be published by Oxford University Press next year. Our first edition, which came out in 2007, gained national and international popularity, and has been translated into multiple languages. If you have recently published or are familiar with any recent or in-press articles on hope, efficacy, resilience, optimism, PsyCap, positive organizational psychology, or positive psychology that we should cite, please send them our way. Also please note that we will have one or two chapters covering positive constructs with potential implications for the workplace. In the first edition, we discussed courage, wisdom, gratitude, forgiveness, spirituality, creativity, flow, humor, authenticity, and others. We would like to



## GREETINGS!

*Dear Members of ENPP,*

On behalf of the Executive Board of ENPP, I am glad to be able to hereby launch our second electronic newsletter. The idea of the quarterly newsletter is to present relevant information about the status and development of PP related activities, mainly in Europe – directly to members by mail. We hope you will find it of interest and use. If you have wishes for content or form, please let us know and we will give it some serious thought.

*Take care out there,  
Hans Henrik Knoop  
President of ENPP*

expand the list in the second edition. If you have a good article linking a positive construct to the workplace, please share it with us. Responses can be directed to [Carolyn.youssef@bellevue.edu](mailto:Carolyn.youssef@bellevue.edu).



## Upcoming events

### Conferences and events

#### **The 8th Annual South East European Doctoral Student Conference, Greece**

We are pleased to be launching the Call for Papers for the 8th Annual South East European Doctoral Student Conference (8th SEE DSC).

The aim of the conference is to further facilitate the exchange of knowledge between young researchers, and to consolidate the established network of scholars currently undertaking research in South East Europe. The conference will take place in Thessaloniki, Greece, from 16-17 September 2013. For more information please contact [dsc2013@seerc.org](mailto:dsc2013@seerc.org) or call +30 2310 253478

#### **The 2nd Conference on Positive Psychology, Metz, France**

The Second Conference on Positive Psychology in France will be held in Metz the 21- 22 November 2013. It will be entitled Positive Psychology and Modernity. Well-being, Positive Psychology at the Workplace, Positive Psychology and Education, and Positive Psychology and Psychotherapies will be the topics which will be developed thanks to the main invited keynote speakers Antonella Delle Fave, Bob Vallerand, Hans Henrik Knoop, Ilona Boniwell and Carmelo Vasquez. Call for communication is already open. Official languages are English and French. For information please send an e-mail to: [georgin@univ-metz.fr](mailto:georgin@univ-metz.fr) For submission please send an e-mail to [Ctarquinio@aol.com](mailto:Ctarquinio@aol.com)



## European Conference on Positive Psychology 2014 in Amsterdam

The 7th European Conference on Positive Psychology will be held in Amsterdam, the Netherlands on the 2nd, 3rd and 4th of July 2014. This vibrant city will be the venue of this

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conference where more than 600 scientists, practitioners and policy makers from Europe and all over the world will gather to hear about the state of the art on positive psychology. Special attention will be paid to the application of positive psychology in schools, workplaces, healthcare, municipalities, governmental policy et cetera. Where do we stand now and where do we go? Host organization will be the Trimbos Institute, the Netherlands Institute of Mental Health and Addiction, in a consortium with other Dutch organizations. Trimbos Institute is a scientific knowledge institute with a long-standing tradition in empowering (the minds of) people with or without (mental) health problems, health professionals and policymakers.

Registration will open in September 2013. **Contact info: Manja van Wezep, Scientific Associate ( [mwezep@trimbos.nl](mailto:mwezep@trimbos.nl) )**

*If you would like to host ECPP in 2016 please send an application to the ENPP Executive Board. The application should contain information on the applying organization: ideas for scientific programme; economic overview, proposal for location, the organizing committee – academic background and experience. Send the application to the President of ENPP Hans Henrik Knoop: [knoop@dpu.dk](mailto:knoop@dpu.dk) The Board has also launched an ENPP Conference Planning Guide, which should be consulted when planning the conference. We look forward to hearing from you!*



## News from Iceland

### Education

#### **Positive Psychology in the University of Reykjavík**

While obtaining their bachelor's degree in psychology, all students at the University of Reykjavík take a course in positive psychology. The course provides an extensive view on the growing field of positive psychology and offers both academic and applied knowledge for the psychology students.

#### **Positive Psychology and Coaching from the Continuing Education Institute, at the University of Iceland**

The continuing education offers a 5 week course in positive psychology and coaching in the winter of 2013.

#### **A Diploma in Positive Psychology from the Continuing Education Institute - the University of Iceland (fall 2014)**

Psychology students and other students at the University of Iceland will hopefully be able to get a diploma in positive psychology next year. This post graduate diploma will most likely be taught as part time studies for two semesters.

## Associations

**The positive psychology association** is a group of both amateurs and professionals aiming to introduce positive psychology to people, it's theoretical background and application, and to spread it's values. The aim is also to positively affect the frame of mind of the Icelandic people and promote health and happiness. (standardar fyrir evrópu.....)

Website: [www.jakvaedsalfraedi.is](http://www.jakvaedsalfraedi.is)

**Hamingjuhúsið (the happy house)** is a newly founded association that builds on the premises of positive psychology and offers courses, lectures and training to improve well-being, both in personal life and at work.

Website: [www.hamingjuhusid.is](http://www.hamingjuhusid.is)

**Audna** is a company that specializes in consultation regarding human resource management. The consultation builds on the practice of positive industrial organizational psychology.

Website: [www.audna.is](http://www.audna.is)

**Hamingjuvísir (guidance to happiness)** is webpage focusing on happiness and positive psychology. Offers lectures on positive psychology for workplaces, schools etc.

Website: [www.hamingjuvisir.com](http://www.hamingjuvisir.com)

## Conferences and events

### **The 1st National Conference on Positive Psychology, Destination Undecided**

The first national conference on Positive Psychology will be held in the spring of 2014.

Iceland's country representative is Dóra Guðrún Guðmundsdóttir, also a member of the Board. E-mail: [dora@landlaeknir.is](mailto:dora@landlaeknir.is)

## Mental health and well-being

### **Portugal and Iceland**

Iceland is now working with Portugal on a new Joint Action project, coordinated by Universidade Nova de Lisboa (Portugal) which is funded under the EU Health Programme. It was launched on February 1 2013 and will be running until January 2016. Iceland and

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Portugal have been working on the dissemination but the general objectives of the Joint Action will be to promote mental health and well-being, prevent mental disorders as well as improving the care and social inclusion of people with mental disorders in Europe. The action brings together 45 associated and collaborating partners representing 27 EU Member States and associated countries.

Website: <http://www.mentalhealthandwellbeing.eu>

Facebook page: [facebook.com/mentalhealthandwellbeing](https://www.facebook.com/mentalhealthandwellbeing)

## News from Portugal

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